



2015 SDUSD Youth Risk Behavior Survey

How are we doing?

Changes in Risky Behavior Since 2013

2015 Youth Risk Behavior Survey data indicates that among SDUSD high school students, many risk behaviors are improving:

- Number of students who have ever tried smoking.
- Episodes of binge drinking (five or more drinks in a row) in the 30 days before the survey.
- Use of Ecstasy/MDMA.

Unfortunately, some risk behaviors have increased since 2013:

- Feelings of sadness and hopelessness every day for two weeks or more that led to cessation of usual activities.
- Physical fights and weapons carried on school property.
- Number of students who were harassed because someone thought they were gay, lesbian or bisexual.

To address these concerns, our district is providing students with sexual health information and access to services:

- 86.4% have been taught in school about AIDS and HIV infection and prevention.
- 39.7% were given information about how to prevent HIV, STDs and pregnancy at their last medical visit.
- 11.9% have been tested for HIV, the virus that leads to AIDS.

What risks are our students taking?

Sexual Risk Behaviors

- 32.0% have had sexual intercourse.
- 35.6% have participated in oral sex.
- 22.3% had sexual intercourse with at least one person during the three months before the survey.
- 41% of sexually active students did not use a condom during last sexual intercourse
- 76.3% of sexually active students did not use hormonal birth control (such as the pill, patch or shot) to prevent pregnancy.
- 13.9% have electronically posted a sexually revealing photo of themselves in the 30 days before the survey.

Alcohol, Tobacco and Other Drug Use

- 44.9% have used an electronic vapor product (e.g., e-cigarettes, vape pipes, hookah pens).
- 56.8% have ever drank alcohol.
- 18.0% used marijuana one or more times in the 30 days before the survey.
- 19.8% of sexually active students drank alcohol or used drugs before last sexual intercourse.

Unintentional Injury and Violence

- 18.7% wanted to purposely hurt themselves without wanting to die within the year before the survey.
- 16.5% seriously considered attempting suicide within the year before the survey.
- 7.4% were forced to have sexual intercourse.
- 6.8% were in a physical fight on school property.
- 4.5% felt too unsafe to go to school within the year before the survey.

What are the solutions?

**COMPREHENSIVE SEXUALITY EDUCATION • IMPROVED ACCESS TO HEALTH SERVICES •
CONTINUED COLLABORATION AMONG DISTRICT STAKEHOLDERS •
IMPLEMENT POLICIES • FAMILY INVOLVEMENT**

www.sandiegounified.org/2015YRBS

For more information, please contact Rachel Miller at (619) 725-7121 or rmiller@sandi.net.